



Pain Consultants of San Diego

POLICY ON BLOOD THINNERS AND SPINE PROCEDURES

PRIOR TO PROCEDURES, ALL BLOOD THINNERS MUST BE STOPPED!

Examples of blood thinners:

- **To be stopped 10 days prior: Aspirin, Plavix, Aggrenox, Garlic, Fish Oil and Ginseng.**
- **To be stopped 7 days prior: Coumadin, Ibuprofen, Motrin, Advil, Naprosyn, Aleve or other Nonsteroidal Anti Inflammatory.**
- **If there are any questions about stopping blood thinners prescribed by your cardiologist ask them before stopping them!**

Acknowledged and understood by patient

Patient's Signature

Date

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Políticas de anticoagulantes y procedimientos en la columna

¡Antes del procedimiento debe de dejar de tomar todos los anticoagulantes!

Ejemplos de anticoagulantes:

- Se deben de dejar de tomar 10 días antes: Aspirina, Plavix, Aggrenox, Ajo, Aceite de Pescado y Ginseng.
- Se deben de dejar de tomar 7 días antes: Coumadin, Ibuprofeno, Motrin, Advil, Naprosyn, Aleve y otros Antiinflamatorios no Esteroides.
- Si tiene cualquier duda acerca de si dejar de tomar los anticoagulantes que le recetó su cardiólogo, pregúntele antes de dejar de tomarlos!

Aceptado y entendido por el paciente.

Firma del paciente

Fecha

2000

1. The first part of the document discusses the importance of maintaining accurate records.

2. It then goes on to describe the various methods used to collect and analyze data.

3. The results of the study are presented in the following section, showing a clear trend.

4. Finally, the document concludes with a summary of the findings and their implications.

5. The overall conclusion is that the data supports the hypothesis that was tested.

6. This research provides valuable insights into the complex nature of the phenomenon being studied.

7. Further research is needed to explore the underlying mechanisms and to confirm these results.

8. The authors would like to thank the funding agency for their support and assistance.